

A picture is worth a thousand words.

2025 SPRING & SUMMERSTYLE CHEAT SHEET

Wardrobe Essentials.

FOR WOMEN

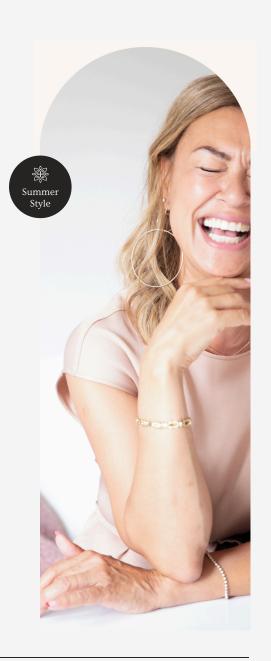


FREE DOWNLOAD

SUMMER 2025

ESSENTIAL & MUST HAVES





STYLESANDRA SMITH

LADYSANDRA@STYLESANDRA.COM SPRING & SUMMER 2025

CHEAT SHEET

Hello.

Hi, I'm StyleSandra, a personal stylist and brand strategist with over 20 years of experience helping women show up with confidence, style, and presence.

My mission? To empower over one million women to find their personal style and feel unstoppable in their clothes. This downloadable cheat sheet is your go-to for creating a mix-and-match wardrobe that feels fresh, stylish, and effortless this spring and summer. Let's dive in!





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ACCESSORIES.







Casual Handbags	 Woven tote in cream or natural straw Small crossbody in cognac or beige Small crossbody leather
Work Bags Dinner & Weekend Bags	 Structured leather tote in camel or taupe Sleek satchel in cream or muted pastel Medium bucket tote in structured linenblend with leather handles Mini bag in metallic or pop colour (hot pink, coral, lime) Envelope clutch in raffia or linen Bucket bag in buttery yellow or ivory
Belts	 Thin cream leather belt Medium-width brown woven belt Black belt (optional — use sparingly)

ACCESSORIES.







Sunglasses	Oversized round frame
	Classic cat-eye
	Square tortoise shell
Bathing Suit Covers	White smocked plunging neckline
	Sarong in bright or tropical print
	Kaftan in coral or mint
	Slim gold watch with mesh band
Watch	Leather-strap watch in tan or cream
	Minimalist silver dial with neutral strap
Earrings	Small gold hoops
Luiinigo	Diamond studs or drop earrings
	 Coloured resin statement earrings (amber, blush, or jade)

ACCESSORIES.







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Necklace	Delicate layered chains in gold
	Pearl or any type pendant
	Bold statement piece in coral or ivory
Bracelets	Stackable bangles in mixed metals
	Tennis style
	Beaded bracelet in natural tones

"Confidence starts in your closet. Dress like you already believe in yourself."

Style Sandra

TOPS & BODY SUITS.







Tops

- pinned-down collar silk with soft colour
- Cami with lace detail
- cashmere tank in soft grey
- Body suit in neutral tones
- Soft sweater with movement
- Quality t-shirts in white
- Tank in olive green

- Linen button-down in white or soft lavender
- Puff sleeve blouse in soft floral
- Structured sleeveless shell in beige or rust
- Wrap top in soft teal or butter yellow
- · Draped cowl-neck top in champagne or sky blue
- Eyelet cotton blouse in ivory or sage
- Smocked square-neck top in soft pink
- · Sleeveless in buttery cream
- Pleated cap-sleeve blouse in seafoam or periwinkle

Body Suit

- · Lightweight knit body suit in sand, chocolate, or pistachio
- · Nylon body suit in summer tones.
- · Light colour tank top cut.

PANTS & SHORTS







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- Wide-leg linen trousers in oat or terracotta
- · Cropped paper bag pants
- High-waisted denim in cream or soft blue
- · Tapered ankle pants
- Flowy palazzo pants
- Elevated joggers
- Straight-leg Black and navy

Shorts

- Tailored shorts in stone or navy
- Pull-on cotton shorts in a vibrant tone (persimmon or aqua)
- · Bermuda shorts in soft pink or white

"A polished look isn't vanity—it's self-respect in action."

Style Sandra

SKIRTS & DRESSES







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Skirts

- Pencil Skirt Wool blend or tweed for structure, in plaid or check patterns
- · A-Line Midi Skirt
- Wrap Skirt flowing silk or satin
- Pleated Skirt Satin or silk blend for a touch of elegance
- · Maxi Skirt with movement
- Accordian skirt

Dresses

- Wrap Dress In rayon or viscose, flatters the waist and moves beautifully
- Tiered Sundress Flowy cotton with ruffles, adds movement.
- One-Shoulder Dress Asymmetric design in jersey or crepe

- Wrap Dress In rayon or viscose, flatters the waist and moves beautifully
- Bodycon Dress Stretchy wool blend, hugs your curves
- Linen Shirt Dress Lightweight, breathable, and polished.
- Cotton Poplin Midi Dress Crisp and structured
- Slip Dress Lightweight satin or silk, perfect solo or layered

SHOES & BLAZERS







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Shoes

- Canvas Sneaker- Ightweight cotton or canvas
- T-Bar or Ankle-Strap Flats leather or vegan alternative

- Strappy Flat Sandals minimalist with thin straps
- Espadrille Wedges canvas or cotton upper, jute sole
- Slide Sandals leather, raffia
- Kitten Heel Sandals patent leather, satin, or linen
- Woven Flats or Mules -
- · raffia, straw, or soft leather
- Platform Sandals cork or rope base, canvas or leather strap

Blazers

- Tencel Blazer -Tencel (soft, breathable, and eco-friendly)
- Pastel Blazer lightweight crepe or jersey

- Linen Blazer 100% linen or linen blend
- Sleeveless Blazer Vest- Cotton-linen or crepe
- Cropped Summer Blazer Cotton sateen or poplin
- Unlined Cotton Blazer lightweight cotton
- Seersucker Blazer -textured cotton

You've Got the List. Now Let's Bring It to Life



Building a functional, stylish summer wardrobe starts with having the right pieces—and now you've got the essentials at your fingertips.

The goal? To help you dress with ease and intention—so your wardrobe works for you and not against.

- ✓ Curate outfits that flatter your shape
- ✓ Mix and match pieces for every setting
- ✓ Fill in any missing gaps with intention and ease

Need support pulling it all together? Let's chat - set up a discovery call

Start Your Day With Confidence

