

SPRING & SUMMER  
CHEAT SHEET 2025

STYLE  
*Sandra CO.*

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A picture is worth a thousand  
words.

2025  
SPRING & SUMMERSTYLE  
CHEAT SHEET

# Wardrobe Essentials.

FOR WOMEN



FREE DOWNLOAD

SUMMER 2025

ESSENTIAL & MUST HAVES



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SPRING & SUMMER  
2025

CHEAT SHEET

# Hello.

Hi, I'm StyleSandra, a personal stylist and brand strategist with over 20 years of experience helping women show up with confidence, style, and presence.

My mission? To empower over one million women to find their personal style and feel unstoppable in their clothes. This downloadable cheat sheet is your go-to for creating a mix-and-match wardrobe that feels fresh, stylish, and effortless this spring and summer. Let's dive in!



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# ACCESSORIES.



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## Casual Handbags

- Woven tote in cream or natural straw
- Small crossbody in cognac or beige
- Small crossbody leather

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## Work Bags

- Structured leather tote in camel or taupe
- Sleek satchel in cream or muted pastel
- Medium bucket tote in structured linen-blend with leather handles

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## Dinner & Weekend Bags

- Mini bag in metallic or pop colour (hot pink, coral, lime)
- Envelope clutch in raffia or linen
- Bucket bag in buttery yellow or ivory

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## Belts

- Thin cream leather belt
  - Medium-width brown woven belt
  - Black belt (optional — use sparingly)
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# ACCESSORIES.



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## Sunglasses

- Oversized round frame
- Classic cat-eye
- Square tortoise shell

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## Bathing Suit Covers

- White smocked plunging neckline
- Sarong in bright or tropical print
- Kaftan in coral or mint

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## Watch

- Slim gold watch with mesh band
- Leather-strap watch in tan or cream
- Minimalist silver dial with neutral strap

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## Earrings

- Small gold hoops
  - Diamond studs or drop earrings
  - Coloured resin statement earrings (amber, blush, or jade)
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# ACCESSORIES.



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## Necklace

- Delicate layered chains in gold
- Pearl or any type pendant
- Bold statement piece in coral or ivory

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## Bracelets

- Stackable bangles in mixed metals
  - Tennis style
  - Beaded bracelet in natural tones
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“Confidence starts in your closet.  
Dress like you already believe in  
yourself.”

*StyleSandra*

# TOPS & BODY SUITS.



## Tops

- pinned-down collar silk with soft colour
- Cami with lace detail
- cashmere tank in soft grey
- Body suit in neutral tones
- Soft sweater with movement
- Quality t-shirts in white
- Tank in olive green
- Linen button-down in white or soft lavender
- Puff sleeve blouse in soft floral
- Structured sleeveless shell in beige or rust
- Wrap top in soft teal or butter yellow
- Draped cowl-neck top in champagne or sky blue
- Eyelet cotton blouse in ivory or sage
- Smocked square-neck top in soft pink
- Sleeveless in buttery cream
- Pleated cap-sleeve blouse in seafoam or periwinkle

## Body Suit

- Lightweight knit body suit in sand, chocolate, or pistachio
- Nylon body suit in summer tones.
- Light colour tank top cut.

# PANTS & SHORTS



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## Pants

- Wide-leg linen trousers in oat or terracotta
- Cropped paper bag pants
- High-waisted denim in cream or soft blue
- Tapered ankle pants
- Flowy palazzo pants
- Elevated joggers
- Straight-leg Black and navy

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## Shorts

- Tailored shorts in stone or navy
- Pull-on cotton shorts in a vibrant tone (persimmon or aqua)
- Bermuda shorts in soft pink or white

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“A polished look isn’t vanity—it’s self-respect in action.”

*Style Sandra*



# SKIRTS & DRESSES



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## Skirts

- Pencil Skirt – Wool blend or tweed for structure, in plaid or check patterns
- A-Line Midi Skirt
- Wrap Skirt flowing silk or satin
- Pleated Skirt – Satin or silk blend for a touch of elegance
- Maxi Skirt with movement
- Accordion skirt

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## Dresses

- Wrap Dress – In rayon or viscose, flatters the waist and moves beautifully
- Tiered Sundress – Flowy cotton with ruffles, adds movement.
- One-Shoulder Dress – Asymmetric design in jersey or crepe
- Wrap Dress – In rayon or viscose, flatters the waist and moves beautifully
- Bodycon Dress – Stretchy wool blend, hugs your curves
- Linen Shirt Dress – Lightweight, breathable, and polished.
- Cotton Poplin Midi Dress – Crisp and structured
- Slip Dress – Lightweight satin or silk, perfect solo or layered

# SHOES & BLAZERS



## Shoes

- Canvas Sneaker- lghtweight cotton or canvas
- T-Bar or Ankle-Strap Flats - leather or vegan alternative
- Strappy Flat Sandals - minimalist with thin straps
- Espadrille Wedges - canvas or cotton upper, jute sole
- Slide Sandals - leather, raffia
- Kitten Heel Sandals - patent leather, satin, or linen
- Woven Flats or Mules -
  - raffia, straw, or soft leather
- Platform Sandals - cork or rope base, canvas or leather strap

## Blazers

- Tencel Blazer -Tencel (soft, breathable, and eco-friendly)
- Pastel Blazer - lightweight crepe or jersey
- Linen Blazer - 100% linen or linen blend
- Sleeveless Blazer Vest- Cotton-linen or crepe
- Cropped Summer Blazer - Cotton sateen or poplin
- Unlined - Cotton Blazer - lightweight cotton
- Seersucker Blazer -textured cotton



# You've Got the List. Now Let's Bring It to Life



Building a functional, stylish summer wardrobe starts with having the right pieces—and now you've got the essentials at your fingertips.

The goal? To help you dress with ease and intention—so your wardrobe works for you and not against.

- ✓ *Curate outfits that flatter your shape*
- ✓ *Mix and match pieces for every setting*
- ✓ *Fill in any missing gaps with intention and ease*

## **Need support pulling it all together?**

Let's chat - set up a [discovery call](#)

*Start Your Day With Confidence*

*Style Sandra*

